

## Elastiband elastic fitness band



- 10 kg - 434034
- 15 kg - 434035
- 20 kg - 434040
- 7 kg - 434068

- **Elastic band for resistance training in rehabilitation or fitness**
- **Very soft, washable textile covering**
- **Suitable for use in aqua aerobics**

This elastic band has 8 numbered loops where the user places their hands or feet, more or less spaced depending on the exercise.

It is essential for a wide range of exercises.

Elastic band for resistance training in rehabilitation or fitness.

Very soft, washable fabric covering.

4 resistance levels available :

- 7 kg
- 10 kg
- 15 kg
- 20 kg

Length : 80 cm x width 4 cm.

Can be used in aqua aerobics.

100% Made in France.

### **Variantes :**

- 10 kg
- 15 kg
- 20 kg
- 7 kg