

Self-heating compress



- Cervical - 835048

- Lumbar - 835168

- **Ideal for home use**

It heats itself and is reusable. By simply tapping the inner pad, the compress reaches a temperature of approximately 50° for 30 minutes. Put in boiling water so that it regains its initial properties.

2 models available :

- Lumbar model. Dimensions : 36 x 13.5 cm. Adapted to the lumbar belt.
- Cervical model. Dimensions : 42 x 20 cm. Ideal for the back of the neck.

Variantes :

- Cervical
- Lumbar