

Passive arm and leg trainer



- Lymphatic mobilisation and drainage
- Independent arm and leg motor

This trainer allows users to exercise their upper and lower limbs independently. The upper arms are adjustable in height and width. The handles are flexible and have raised dots to provide a good feel for the movement. Users can actively slow down the speed. The direction of movement can be changed at any time. 10 speed settings. Pedals with safety straps. 4-function display: speed, time, distance and calories. Plugs into the mains.

Base dimensions : width 58 cm x depth 72 cm x height 95 $\,$

cm.

Weight: 16 kg.

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